

Oxford Paddlers for Life

FORM OF INDEMNITY AND DECLARATION 2019

ACTIVITY: DRAGON BOAT PARTICIPATION

www.oxfordpfl.org

Full name	
Address	
Telephone	
Email address	

Contact in an Emergency

Name

Telephone

**Please record details of any medical condition we may need to know about e.g. asthma, on the reverse of this form*

I hereby declare that:

- I am fit and well to take part in this activity and confirm that to the best of my knowledge, and do not have any medical conditions, illnesses or injuries which may affect my ability to take part. *(If medical conditions present record details of the condition e.g. asthma, on the reverse of the indemnity form, and update as necessary*)*
- I confirm that I am confident in cold water conditions when wearing a buoyancy aid and that if I am unable to swim I will inform my buddy and the helm
- I have not consumed excess alcohol or other drugs that would impair my decision making in the past 24 hours (ie I would pass a drink/drug-drive test).
- I am willing to comply with all safety regulations and instructions
- I am willing at all times to act in a responsible manner and will not endanger another person's safety, in the knowledge that safety is paramount.

And I further declare that:

By taking part in this event I understand and accept the following:

- I am taking part in this event of my own volition and not at the request of or on behalf of a third party
- I have satisfied myself as to the measures taken by the organisers to safeguard against injury
- I accept that there are risks and that water sports and adventure activities are hazardous by their nature
- I acknowledge that the organisers have made every reasonable effort to the best of their ability to make the activity safe for me to take part in and the organisers will not accept any liability for any claims arising from any accident or injury
- I expressly indemnify the organisers against any claim which may arise or be instituted.
- I acknowledge that the organisers reserve the right to stop or refuse a person from taking part in the event.

I have read and fully understand the form of indemnity and declaration. I am 18 or over.

Signed..... Date

GDPR Data protection Do you agree to share your details with other Oxford Paddlers for Life members? Yes / No

NB OPFL will respect your personal information and not pass it on to third parties. All medical information will be shared only with those who need to know for the purposes of running a training session.

Photographs may be taken during sessions which are published on social media sites and OPFL marketing or funding material, please make it known if you do not want to be in these photos.

If new, how did you hear about Oxford Paddlers for Life?